

Egg Day Nursery Menu Week 1 (13th Sept, 11th Oct, 8th Nov & 6th Dec)

Monday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>yoghurt pots</i>	<i>farfalle with roast free-range chicken, fresh green beans & napoli sauce</i> <i>victoria sponge with strawberry jam</i>	<i>fresh seasonal fruit salad</i>	<i>baby quiches with smoked salmon</i>

Tuesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>organic ricecakes and organic hoummous</i>	<i>build-your-own cheeseburgers with organic beef patties & fresh salad</i> <i>bread & butter pudding with raisins</i>	<i>fresh seasonal fruit salad</i>	<i>egg & salad finger sandwiches on organic wholemeal bread</i>

Wednesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>fromage frais</i>	<i>roast leg of lamb with roast potatoes, peas, gravy and mint jelly</i> <i>apple & blackcurrent jellies with ice-cream</i>	<i>fresh seasonal fruit salad</i>	<i>pizza fingers with mozzarella, tomatoes & basil</i>

Thursday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>wholemeal carrot muffins</i>	<i>outdoor reared local sausage hotpot with beans & vegetables</i> <i>brambley apple & raspberry crumble</i>	<i>fresh seasonal fruit salad</i>	<i>butternut squash & carrot soup with organic toast soldiers</i>

Friday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>breadsticks with organic cream cheese & grapes</i>	<i>build-your-own free-range chicken fajitas with soft tortillas, cheese, sour cream & guacomole</i> <i>bananas & custard</i>	<i>fresh seasonal fruit salad</i>	<i>frittata with poached salmon, dill, spring peas & ricotta</i>

Egg Day Nursery Menu Week 2 (20th Sept, 18th Oct, 15th Nov & 13th Dec)

Monday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>freshly-baked banana & coconut muffins</i>	<i>penne with tomatoes, onions, garlic, roast aubergine & fetta</i> <i>fresh strawberry jellies with cornish clotted cream ice-cream</i>	<i>fresh seasonal fruit salad</i>	<i>mushroom & cheese vol-au-vents</i>

Tuesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>breadsticks with organic cream cheese & grapes</i>	<i>baked potatoes with chili con carne, (made with organic beef), creme fraiche & cheddar</i> <i>wild blackberry crumble with double cream</i>	<i>fresh seasonal fruit salad</i>	<i>baked omelette with line-caught tuna, roasted courgettes & two cheeses</i>

Wednesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>smooth fruit yoghurt</i>	<i>premium lasagne sweetened with butternut squash and layered with organic beef ragu</i> <i>bananas & custard</i>	<i>fresh seasonal fruit salad</i>	<i>cheese, organic hoummous & cucumber sandwiches</i>

Thursday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>organic ricecakes and organic hoummous</i>	<i>roast free-range chicken with roasted potatoes, peas & gravy</i> <i>italian apricot fool</i>	<i>fresh seasonal fruit salad</i>	<i>baked potato wedges with three dippers (sour cream, sweet chilli & salsa)</i>

Friday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>fromage frais</i>	<i>goulash meatballs with buttered noodles</i> <i>chocolate sponge & jam</i>	<i>fresh seasonal fruit salad</i>	<i>little individual quiche lorraine</i>

Egg Day Nursery Menu Week 3 (30th Aug, 27th Sept, 25th Oct, 22nd Nov & 20th Dec)

Monday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>breadsticks with organic cream cheese & grapes</i>	<i>riccioli carbonara with outdoor-reared bacon, parmisan & spring peas</i> <i>french pastry tart with peaches</i>	<i>fresh seasonal fruit salad</i>	<i>freshly-baked cornish pasties</i>

Tuesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>smooth fruit yoghurt</i>	<i>free-range chicken & apricot korma with naan bread & basmati rice</i> <i>orange jellies with ice-cream</i>	<i>fresh seasonal fruit salad</i>	<i>roast tomato & red pepper soup with organic wholemeal toast soldiers</i>

Wednesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>organic ricecakes and organic hoummous</i>	<i>organic beef cottage pie with carrots, peas, onions & a mashed potato top</i> <i>forest berry crumble with an oaty top</i>	<i>fresh seasonal fruit salad</i>	<i>italian frittata with roasted free-range chicken, butternut squash & fresh marjoram</i>

Thursday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>fromage frais</i>	<i>line-caught tuna & macaroni bake with morney sauce and a crispy cheese top</i> <i>bananas & custard</i>	<i>fresh seasonal fruit salad</i>	<i>mexican quesadillas</i>

Friday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>white chocolate chip & cranberry muffins</i>	<i>baked moussaka made with organic lamb & grilled aubergines</i> <i>home-made raspberry swirl cheesecake</i>	<i>fresh seasonal fruit salad</i>	<i>outdoor-reared ham, organic hoummous, cheese, cucumber & lettuce wraps</i>

Egg Day Nursery Menu Week 4 (6th Sept, 4th Oct, 1st Nov & 29th Nov)

Monday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>fromage frais</i>	<i>riccioli with fresh pesto, cherry tomatoes, basil & parmesan</i>	<i>fresh seasonal fruit salad</i>	<i>italian omelette with grilled mediterranean vegetables and two cheeses</i>
	<i>apple & nectarine crumble with ice-cream</i>		

Tuesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>fresh forest berry muffins</i>	<i>wild haddock fish pie with spinach, eggs, leeks and potato</i>	<i>fresh seasonal fruit salad</i>	<i>outdoor-reared ham, hoummous, cheese, cucumber & butter lettuce wraps</i>
	<i>bananas & custard</i>		

Wednesday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>breadsticks with organic cream cheese & grapes</i>	<i>baked spinach & ricotta cannelloni with two sauces</i>	<i>fresh seasonal fruit salad</i>	<i>home-made sausage rolls with salt & sugar reduced ketchup</i>
	<i>upside-down lemon curd pudding</i>		

Thursday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>smooth fruit yoghurt</i>	<i>free-range chicken & vegetable casserole with courgettes, carrots, peas & potatoes</i>	<i>fresh seasonal fruit salad</i>	<i>baked potatoes with cheesy beans</i>
	<i>new-season stonefruit flaky-pastry tart</i>		

Friday

Morning Snack	Lunch Time	Afternoon Snack	Tea Time
<i>organic ricecakes and organic hoummous</i>	<i>fresh salmon teriyaki stirfry with hoikkin noodles, mange tout, red peppers and courgettes</i>	<i>fresh seasonal fruit salad</i>	<i>roast beef & salad finger sandwiches on organic bread</i>
	<i>pineapple jellies & cornish vanilla ice-cream</i>		